

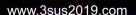
12-14 April 2019

Atlantica Miramare Beach Hotel Limassol, Cyprus



SPRING UROLOGICAL SYMPOSIUM

Learning from the past Planning for the Future

















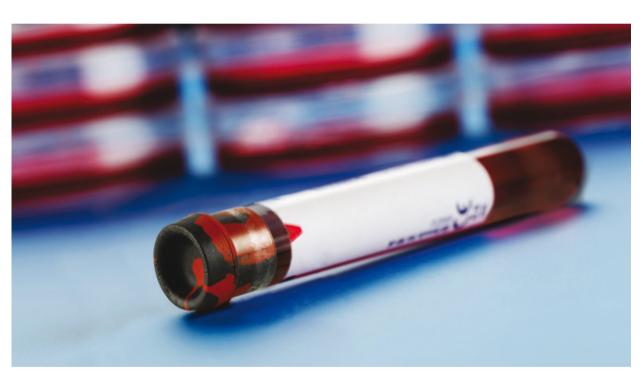








A DIAGNOSTIC BLOOD TEST FOR DETECTING THE RISK OF AGGRESSIVE PROSTATE CANCER



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WELCOME MESSAGE

Dear Colleagues,

On behalf of the board of directors of Cyprus Urological Association (CAU) and members of the Organizing we are pleased to announce the 3rd Spring Urological Symposium, which is being held in April, 12-14 2019, in Limassol, a very modern city which will again serve as a springboard to strongly advance the CAU initiative for world-wide advancement of Urology in both scientific and clinical aspects, thus "Defining the Future of Urology".

Since its foundation in 1993, CAU has sought to associate and affiliate into one organization all Urologists, physicians and scientists who are engaged in, or interested in, the techniques for Urology surgery, and modern Urological investigations approaches. Our vision is to provide comfortable care everywhere through education, research and knowledge together in a flexible, innovative and open Society.

As in previous years, the focus of the scientific programme will be on state of the art presentations in our field as well as new insights into basic science, clinical research and therapeutic interventions. You can participate in very active discussions and cutting-edge lectures by the invited world's top scientists and Urologists as hear all the advances of scientific and clinical Urology.

CAU 2019 will also give us the time and opportunities for networking. While enjoying our outstanding scientific programme, CAU's Symposium is the place to network with your peers, meet old friends and make new ones.

We very much expect you to enjoy this exciting Urological Symposium set in Limassol!

Dr. Stavros Charalampous MD, PhD, FEBU CAU President



Dr. Zafiro Roditou-Kvriazi MD CAU Gen. Secretary





ORGANIZED BY

Cyprus Urological Association

Cyprus Urological Association



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COMMITTEES

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Stavros Charalampous

Vice Presidents:

Chrysanthos Kouriefs Milad Ziad

Secretary:

Zafiro Kyriazi Dimitrios Kontaxis

Members:

Christos Poulis Constantinos Tryfonos Loukas Louka Petros Christou Antonis Kioumis Isam Jaber

Scientific Committee

President:

Costas Mayromatis

Vice Presidents:

Theocharis Karaolidis Theodoros Anagnostou Ioannis Vakalopoulos

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Presidents:

Mikis Christofides Spiros Eliades

Stavros Petrakis Evangelos Isaak Ioannidis Ioannis Gkialas Iraklis Poulias Kemal Bolayir



GENERAL INFORMATION

Symposium Venue

Atlantica Miramare Beach Hotel 11 Amerikanas Str., Yermasoyia Municipality, Limassol 4060, Cyprus T:+35725888100

Symposium Dates

April 12 – 14, 2019

Symposium Website

www.3sus2019.com

Official Language

The official language of the Symposium is Greek.

The Lectures of the Invited Speakers will be in English

Registration Fees

Doctors €80,00*

Trainee Doctors €50,00*

Nurses/Students FREE

Registration Fee Includes

- Admittance to the Opening Ceremony and Welcome Reception
- Admittance to all scientific sessions & to the exhibition
- Meeting documentation
- Certificate of attendance
- Coffee & refreshments during official Symposium breaks

Exhibition

During the Symposium an exhibition of pharmaceutical, medical and research products will be organized by the sponsor companies

Certificate of Attendance

Attendance certificates will be handed to those who attend the Symposium, by the Secretariat of the Symposium

Accreditation

The Symposium will be accredited with 10 C.I.E. credits by the Cyprus Medical Assosiation

Badges

A badge will be provided to all registered participants and accompanying persons. You are kindly requested to wear your badge at all times during the Symposium and the social events

Symposium Organization Office



Voyager Travel & Congress

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SPEAKERS

Adamou Vasilis

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Anagnostou Theodoros

Surgeon - Urologist, Director - Department of Urology, Anticancer General Hospital of Athens "Agios Savvas»

Bolayir Kemal

Urologist, Nicosia, Cyprus

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Professor of Urology, Santa Cruz de Tenerife, Madrid

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Urologist, Nicosia, Cyprus

Constantinos Constantinou

Urologist, Limmasol, Cyprus

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Haas Helmut

Professor of Urology, ESUO Chairman

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Urologist, Larnaca, Cyprus

Iliadis Constantinos

Urologist, Paphos, Cyprus

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Karayiakoupoglou Gilbert

Researcher, Beirut, Libanon

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Kosti Dimitris

Urologist, Nicosia, Cyprus

Kouriefs Chrysanthos

Urologist, Limmasol, Cyprus

Kyriazi Zafiro

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Papacostas Nearchos

Gynecologist, Limmasol, Cyprus

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Psychologist, Nicosia, Cyprus

Petrou Steven P.

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Oncologist, Limmasol, Cyprus

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Sakkas Panagiotis

Urologist, Larnaca, Cyprus

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Surgeon Urologist - Andrologist

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Urologist, Larnaca, Cyprus

Tryfonos Constantinos

Urologist, Larnaca, Cyprus

Tsafrakidis Petros

Urologist, NHS Fife UK

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Radiotherapist-Oncologist , Nicosia, Cyprus

Yerosimou Christodoulos Urologist, Nicosia, Cyprus

Zachariou Athanasios Urologist, Volos, Greece

Ziad Milad

Urologist, Nicosia, Cyprus



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16.00-18.00 Registrations
Welcome coffee

Prostate Cancer

18.00-19.00 Chairs: Evangelos Isaak Ioannidis, Dimitris Kontaxis

18.00-18.15 Novel Biomarkers for Prostate Cancer Diagnosis and Management:
"Finding the wolf in a sheep clothing"

Gilbert Karayiakoupoglou

18.15-18.30 Realistic Value of MRI/TRUS Fusion-Targeted Prostate Biopsy *Chrysanthos Kouriefs*

18.30-18.45 Active Surveillance in Prostate Cancer *Theodoros Anagnostou*

18.45-19.00 Q & A - Comments

19.00-20.00 Chairs: Theoharis Karaolidis, Dimitris Vomvas

19.00-19.15 Locally Advanced Prostate Cancer

Anastasios Thanos

19.15-19.30 Side effects of Hormone Therapy & Management *Maria Pittaka*

19.30-19.50 Living with Cancer *Thekla Petridou*

19.50-20.00 Q & A - Comments

Grigoris Stavrou, Konstantinos Skrepetis

20.00-20.45 Opening Ceremony

20.45 Welcome Reception



Saturday 13 April 2019

	09.00-10.00	Urinary	Disorders in	1 Men
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Chairs: Spyros Iliadis, Costas Mavromatis

09.00-09.15 Investigating Urinary Disorders

Constantinos Trifonos

09.15-09.30 BPH & OAB: Drug Combination Therapy

Theoharis Tontikidis

09.30-09.45 PDE5 inhibitors in the Treatment of LUTS in Men: when are they

indicated and when not?

Constantinos Iliadis

09.45-10.00 Q & A - Comments

Dimitris Kosti, Kemal Bolayir

10.00-11.30 **Neurourology**

Chairs: Evangelos Isaak Ioannidis, Stavros Charalampous

10.00-10.20 Urinary Infections in Neurological patients

Charalambos Thomas

10.20-10.40 Urinary Incontinence in Neurological Patients-Conservative

Treatment

Charalampos Konstantinidis

10.40-11.00 Use of Botox in Urology

Stavros Charalambous

11.00-11.30 EAU State-of-the-Art Lecture Neurourology Update

David Castro Diaz.

11.30-11.50 Coffee Break

11.50-13.00 **Prostate Cancer**

Chairs: Dimitrios Kontaxis, Ioannis Gkialas

11.50-12.15 Urologist options for the hormonal manipulation of prostate cancer

in patients with comorbidity

Christos Kalaitzis

12.15-12.30 Radical Prostatectomy in Oligometastatic Prostate Cancer

Christian Surcel

Management of M1 Castration-Resistant Prostate Cancer

Prodromos Filippou

12.30-13.00 SIU State-of-the-Art Lecture Prostate cancer: Management a la card

Chair: Chrysanthos Kouriefs

Rafael Sanchez Salas





13.00-14.00 Joint Session of Cyprus Urological Association & Urological Association of Northern Greece

Chairs: Ioannis Vakalopoulos, Spyros Iliadis

The History of Classical Transurethral Prostatectomy. Is it still the "Gold Standard" for the Treatment of BPH or should it change?

Nikolaos Kalogeras

Ablation Techniques for BPH

Nikolaos Koliakos

Transurethral Enucleation Techniques of the Prostate

Spyros Kampantais

Other Minimally Invasive Methods for the treatment of BPH

Petros Tsafrakidis

14.00-16.00 Lunch Break

16.00-17.00 Prosthetics & Reconstructive Urology

Chairs: Mikis Christofidis, Ioannis Vakalopoulos

Penile Prosthesis Procedure: Step by step

Ioannis Vakalopoulos

Reconstructive Treatment of Male Urinary Incontinence

Theoharis Karaolidis

2nd line Techniques for the Treatment of Urethral Strictures

Dimitris Kosti

Treating recurrent urinary incontinence after mid urethral sling

Steven P. Petrou

Update on Peyronie's Disease

Christos Poulis

17.00-17.30 Male Infertility

Chairs: Christos Poulis, Fotios Dimitriadis

The Latest in Infertility such as Aneuploidy and DNA Fragmentation

Christos Poulis

ESAU State-of-the-Art Lecture

Effect of Pharmaceutical Agents alleviating Erectile Dysfunction on Male

Reproductive Potential *Nikolaos Sofikitis*

17.30-18.00 Coffee Break



Saturday 13 April 2019

18.00-19.00 Joint Session ESUO – CAU

Nocturia

Chairs: Helmut Haas, Effie Mylonaki

18.00-18.10 Introduction: Nocturia – An Everyday Problem for Urologists in Office

Fotios Dimitriadis

18.10-18.25 Nocturia due to LUTS or other Comorbidities *Stelios Kakoulis*

18.25-18.40 Nocturia: Evaluation and Treatment update *Athanasios Zachariou*

18.40-18.50 Case study. Nocturia: surgical treatment under local anaesthetic *Petros Tsafrakidis*

18.50-19.00 Comments & Take-Home Messages Helmut Haas

19.00-20.00 Joint Session ICS – CAU

Female Urology

Chairs: David Castro Diaz, Stavros Charalampous

19.00-19.10 UDS prior to Surgery for SUI/Prolapse *Costas Philippou*

19.10-19.30 Surgery for Female SUI following a Failed Midurethral Sling *Sherif Mourad*

19.30-19.50 Controversies in Prolapse Surgery: Update of Literature *Alex Digesu*

19.50-20.00 Q & A - Comments – Take-Home Messages Nearchos Papacostas



09.00-10.00 Female Urology - Overactive Bladder

Chairs: Zafiro Kyriazi, Loukas Louka

Is there an Ideal Drug to Start with in Patients Not Responding to Lifestyle Change?

Theoharis Tontikidis

What Options are there in Patients Not Responding to the 1st Drug? Christodoulos Yerosimou

What Investigation is Required in Resistant Overactive Bladder? Constantinos Tryfonos

Overactive Bladder (OAB) and Interstitial Cystitis/Painful Bladder Syndrome (IC/PBS) as a chronic inflammatory multifactorial disease; Natural structural molecules and specific vitamins for prevention and strong adjuvant treatment; True or a Myth?

Ioannis Patrikios

Q & A - Comments Costas Mayromatis

10.00-11.00 Male Sexual Disorder

Chairs: Ziad Milad, Nikolaos Sofikitis

Investigating a Man with Sexual Disorder

Constantinou Constantinos

Should Men with ED have Testosterone Levels Checked Periodically?

Panagiotis Sakkas

Is the Long-term Use of PDE5 safe?

Vasilis Adamou

Non-Response to PDE5: What is the next step?

Christos Poulis

Conclusions

Stavros Charalampous - Chrisanthos Kouriefs



Θεραπεία των συμπτωμάτων συχνουρία ή/και έπειξη για ούρηση ή/και επιτακτικού τύπου ακράτεια τα οποία μπορεί να παρουσιαστούν σε ενήλικες ασθενείς με σύνδρομο υπερδραστήριας ουροδόχου κύστης,⁽¹⁾



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SPRING UROLOGICAL SYMPOSIUM

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